

DATE SWEETENED ICE CREAM

Basic Recipe

2 cans coconut milk
8 ounce package
pitted dates
1/2 cup melted
coconut oil
3 egg yolks
1/2 teaspoon vanilla

Variations

VANILLA

basic recipe +
2 teaspoons vanilla

CHOCOLATE

basic recipe +
1/2 cup cocoa

PUMPKIN SPICE

basic recipe +
1/2 cup pureed pumpkin
3 teaspoons pumpkin spice

CHOCOLATE PB

basic recipe +
1/2 cup cocoa
1/2 cup peanut butter

Blend everything until creamy and smooth. Process in the ice cream maker for 30 minutes, or in the freezer for 8-10 hours. Enjoy!